

## SHARED CARE:

Shared care is Antenatal care provided by your GP and North East Health in Antenatal Clinic, where you will see Midwives and Doctors. In a low risk pregnancy your GP may provide most of your antenatal care. You will have antenatal clinic appointments at weeks **12-14, 20, 28, 36, 40** and **41**. Sometimes more antenatal clinic appointments may be needed.



## ANTENATAL CARE:

If your pregnancy is at a higher risk you will receive your care with your GP and may require more hospital visits with Obstetricians, Registrars and Midwives in the Antenatal Clinic. We are aiming for more continuity of care throughout your pregnancy and you will see the same practitioner where possible throughout your pregnancy in Antenatal Clinic.

## MIDWIFERY GROUP PRACTICE (MGP):

MGP care is provided by a small team of six midwives – with one midwife allocated to be your primary caregiver. MGP care is available if you have an uncomplicated medical history and pregnancy.

## DOMICILIARY MIDWIFE:

The Domiciliary Midwife will visit you whilst you are in hospital after the birth of your baby. This visit is to plan and prepare for when you go home. The Domiciliary Midwife then provides postnatal visits in your home.