POST NATA
During your hospital stay the Maternity Ward midwives will care for you until discharge while the CMP midwife will visit daily. If all goes normally there is the option of discharge after 4 hours, otherwise you will be discharged the following day.

When you go home the CMP midwife will visit you in your home until Day 5. Thereafter the Maternal and Child Health Nurse will take over your care.

A six-week postnatal wellness check will be arranged with your named midwife, where provision of a pap test service will be made available.

Rights and responsibilities
The continuation of your participation in the CMP relies upon us working together. You may ask for a second opinion at any time. It is your responsibility to arrive on time for appointments and to inform our office should you wish to change appointments. Please do this during office hours. Likewise, we endeavour to be on time for you. It is our policy not to double book and leave sufficient time between appointments. However, there may be times of delay due to the unexpected nature of birth.

Useful telephone numbers
Community Midwife Program
Phone: (03) 5722 5256
Fax: (03) 5722 5485
If you have urgent concerns after hours, please phone the maternity ward and speak with the ward midwives.

Maternity Ward
Phone: (03) 5722 5301
Welcome to the Community Midwife Program

We are very pleased to offer you our service. Over the course of your pregnancy we will be working in partnership with you to ensure that you are informed of all your choices regarding the pregnancy, birth and postnatal phase.

About us

The Community Midwife Program (CMP) is run by a group of five midwives as a caseload model of care. Each midwife has extensive education and clinical expertise.

We each work part time, together forming a seven day, twenty-four hour on call service for all our clients.

Once you have joined the CMP you can have access to this on-call service throughout your pregnancy and for up to six weeks after your baby’s birth.

How the program works

ANTENATAL

Upon your first visit, you will be allocated a primary or named midwife who will undertake the majority of your care. You will also meet other midwives from CMP at visits throughout your pregnancy.

We work in partnership with the hospital obstetric team.

Our philosophy of care includes sharing as much information as possible. Each woman is given her own Victorian Maternity Record (VMR) to keep and carry. It is imperative that you bring this to every appointment and of course when you are in labour. These notes can be useful when you need to consult your GP on any occasion with a medical problem, or if you travel away and develop a problem.

Appointments will be at Northeast Health Wangaratta’s Mother & Baby Resource Centre located at 34 Cusack St, Wangaratta. Otherwise, we can offer home visits if you prefer.

As part of our educational service we provide a detailed pack of information, library access and childbirth education classes.

LABOUR AND BIRTH

Caring for you during the birth process is extremely important to us and we spend a great deal of time planning and discussing this with you and your partner.

You need to contact your named midwife if you feel labour has begun on the mobile phone number that you will be provided with. It is impossible to guarantee that the on-call midwife will be your named midwife due to the unpredictability of birth and the need to maintain a 24 hour on-call system. However, it is likely that you have previously met the midwife that will be caring for you. At times this may be a midwife from the Maternity Ward.

The midwives consult and refer to the obstetrician on call if you encounter complications with your birth but care will remain with CMP until after the birth. Your care on the ward after the birth will be with the ward midwives but a CMP midwife will visit daily.