

Northeast Health Wangaratta Intern Tutorials

OTC & Primary Care 2026

Ensure that you have advised the pharmacist you are rostered with when you have to attend the intern meeting

OTC tutorials are usually scheduled for 9:45am on Wednesdays, some days swap to ensure attendance from all 3 interns

OTC & Primary Care Tutorials are prepared by and delivered by interns, with a pharmacist facilitator (preceptor or delegate)

Each week the tutorial presentation should include a summary of:

The condition/s, how it presents (signs/symptoms)

Differential diagnoses, what else it could be, or other conditions with similar symptoms

Warning symptoms/signs (red flags) and when to refer, special population considerations (eg in pregnancy/lactation, in children, in elderly, in patients with "x" medical condition)

Recommendation of suitable range of OTC products or treatments suitable for the condition

Description of relevant products/treatments, how they are used, counselling/warnings

Also consider a product that you would NOT recommend in the condition, and why not?

To wrap up your presentation, spend the last 5 minutes guiding your colleagues through a scenario, ie a person enters your pharmacy and asks for a product or advice...

how would you make sure what they want is safe & appropriate and what alternative approach would you recommend if you think it's inappropriate?

Aim for your powerpoint presentation in total to be around 30 minutes, plus 10-15 minutes for discussion & questions. (IFP Domain 5)

Save a copy of each powerpoint presentation in S:Pharmacy/Pharmacy Staff Shared Files/AA Intern 2026/Tutorials/OTC & Primary Care to build the 2026 library for revision

DATE	TOPIC	PRESENTER
Wednesday, 21 January 2026	Introduction to OTC & Primary Care Intern Education	Olivia & Sarah
Wednesday, 28 January 2026	Seasonal/allergic rhinitis & conjunctivitis (hay fever), Scenario: a request for intranasal + intraocular products	Intern 1
Wednesday, 4 February 2026	United airways disease (asthma+hay fever), asthma first aid, Scenario: a request for inhaler + antihistamines	Intern 2
Wednesday, 11 February 2026	Cough/sinusitis, Scenario: a request for decongestant + cough suppressant	Intern 3
Wednesday, 18 February 2026	NO TUTORIAL- INTERNS AWAY	
Wednesday, 25 February 2026	Fever/chills/sore throat, COVID test/iso recommendations, Scenario: a request for antipyretic + lozenges	Intern 1
Wednesday, 4 March 2026	Eye Care, Contact Lens Care, Scenario: a request for Chlorsig	Intern 2
Wednesday, 11 March 2026	(Tobacco) Smoking Cessation & NRT, Scenario: a request for nicotine vape without prescription	Intern 3
Wednesday, 18 March 2026	Upper & Lower GI - Constipation, Diarrhoea/Faecal Incontinence, Haemorrhoids, Reflux, regurgitation, indigestion, Scenario: a request for a PPI	Intern 1
Wednesday, 25 March 2026	Vaccines - NIP, Vic Gov funded vaccine schedule, NIPVIP, Scenario: administering a vaccine in the pharmacy	Intern 2
Wednesday, 8 April 2026	Travel health, including heat/sun/alpine considerations, Scenario: What should I take with me to (insert overseas destination)?	Intern 3
Wednesday, 15 April 2026	Ear Care, Hearing Aid Care, Scenario: Ear wax buildup in a pre-school-aged child (affecting hearing/speech)	Intern 1
Wednesday, 22 April 2026	Headache, Muscle/joint pain, Period pain, Scenario: a request for OTC triptan	Intern 2
Wednesday, 29 April 2026	Sexual Health, Female & male genital infections, STI prevention/detection, Scenario: a request for oral fluconazole	Intern 3
Wednesday, 6 May 2026	Contraception, including pharmacist prescribing pilot, Pregnancy testing, Scenario: a request for Emergency Contraception	Intern 1
Wednesday, 13 May 2026	Pre/post-natal care- vitamins & supplements, vaccines, lifestyle advice, infant formula/nutrition, Scenario: trying to conceive	Intern 2
Wednesday, 20 May 2026	Infant Health, Colic, Teething, Cradle Cap, Nappy Rash. Scenario: a request for something to help infant sleep	Intern 3
Wednesday, 27 May 2026	Urinary symptoms/incontinence, Scenario: a request for pharmacist-initiated UTI antibiotic	Intern 1
Wednesday, 3 June 2026	NO TUTORIAL- INTERNS AWAY	
Wednesday, 10 June 2026	Diabetes management equipment, approaches to BGL/Ketone monitoring, Scenario: "my glucose tester broke"	Intern 2
Wednesday, 17 June 2026	Weight management, VLCD & body building supplements, Scenario: "A friend gave me Ozempic, how do I use it?"	Intern 3
Wednesday, 24 June 2026	Headlice, Worms and Scabies, Scenario: a request for Lyclear	Intern 1
Wednesday, 1 July 2026	Scalp care, dandruff, hair loss, seborrheic dermatitis, Scenario: "My friend Homer told me to ask for "Dimoxinil"	Intern 2
Wednesday, 8 July 2026	Nausea, vomiting, motion sickness, Scenario: request for OTC antiemetic	Intern 3
Wednesday, 15 July 2026	Corns, Blisters, Calluses, Warts, Wound care products & foot care - Scenario: "I need a dressing for a leg ulcer"	Intern 1
Wednesday, 22 July 2026	NO TUTORIAL- INTERNS AWAY	
Wednesday, 29 July 2026	Skin care, acne, dermatitis, chicken pox rash, Scenario: "Can I have some more ClindaTech"	Intern 2
Wednesday, 5 August 2026	Fungal skin & nail infections, Scenario: "Can I have a strong steroid cream for my itchy rash?"	Intern 3
Wednesday, 12 August 2026	Oral health - thrush, halitosis, ulcers, cold sores: Scenario: "my new dentures are hurting me back here"	Intern 1
Wednesday, 19 August 2026	Sleep health - insomnia, sleep apnoea, Scenario: patient requests advice on CPAP	Intern 2
Wednesday, 26 August 2026	Sports health, first aid for injuries, ambulatory aids/braces/splints: Scenario: semi-professional athlete, ASADA/WADA	Intern 3
Wednesday, 2 September 2026	Primary Care and OTC Products - Workshop/Demo/Revision - in person demonstration using physical products	Susan S
Wednesday, 9 September 2026	Primary Care and OTC Products - Workshop/Demo/Revision - in person demonstration using physical products	Susan S
Wednesday, 16 September 2026	Primary Care and OTC Products - Workshop/Demo/Revision - in person demonstration using physical products	Susan S
Wednesday, 23 September 2026	Primary Care and OTC Products - Workshop/Demo/Revision - in person demonstration using physical products	Susan S
Wednesday, 30 September 2026	NO TUTORIAL- INTERNS AWAY	