

## Northeast Health Wangaratta – Nutrition Outpatient Clinic Triage Guideline

<b>Clinical Staff:</b> <ul style="list-style-type: none"> <li>• Accredited Practising Dietitian</li> </ul>	<b>Clinic Location:</b> Northeast Health Wangaratta (NHW) PO Box 386 Wangaratta 3676 Tel: 5722 5555 Fax: 5722 5419	<b>Clinic Day/Times:</b> <ul style="list-style-type: none"> <li>• Daily</li> </ul>	<b>Clinic Referral Information:</b> <b>Referral <u>must</u> contain detailed information on:</b> <ul style="list-style-type: none"> <li>• Reason for Referral</li> <li>• Medical History</li> <li>• Recent pathology where relevant</li> <li>• Medications</li> <li>• Pregnancy information if relevant (ie. Gestation, EDD, weight etc.)</li> </ul>
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<b>Conditions <u>SEEN</u> in clinic include:</b> <ul style="list-style-type: none"> <li>• See priorities below for list of conditions</li> </ul>	<b>Conditions <u>NOT SEEN</u> in clinic include:</b> <ul style="list-style-type: none"> <li>• Clients discharged from NHW Acute or THC with diabetes (refer to <i>NHW Community Health</i>)</li> <li>• Clients referred for Overweight / obesity (refer to <i>NHW Community Health</i>)</li> <li>• Oncology Pts not attending NHW oncology dept (refer to <i>NHW Community Health</i>)</li> </ul>
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<b>Priority 1:</b> within 2 weeks of receiving referral <ul style="list-style-type: none"> <li>- Patients who are Pregnant (regardless of reason for referral)</li> <li>- High Risk Foot Clinic (seen by dietitian in HRFC)</li> <li>- Gestational Diabetes; diabetes in pregnancy (T1DM or T2DM)</li> <li>- Malnutrition / suspected malnutrition / unintentional weight loss</li> <li>- Clients with kidney disease</li> <li>- Dialysis Clients (on non-admitted days)</li> <li>- Coeliacs disease</li> <li>- Chrons disease or inflammatory bowel disease</li> <li>- Liver disease</li> <li>- Oncology clients (on non-admitted days)</li> <li>- Clients who are tube-fed (HEN clients)</li> <li>- Children with failure to thrive / faltering growth</li> <li>- Food allergy, including breastfed infants with suspected allergy</li> <li>- Breastfeeding</li> <li>- Fussy eating</li> </ul>	<b>Priority 2:</b> within 4 weeks <ul style="list-style-type: none"> <li>- Diverticular disease</li> <li>- Anaemia / iron deficiency</li> </ul>
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