# **Domiciliary Midwife**

The Domiciliary Midwife will visit you whilst you are in hospital after the birth of your baby. This visit is to plan and prepare for when you go home.

The Domiciliary Midwife then provides postnatal visits in your home. If you live outside of the Wangaratta area we will arrange visits from a midwife in your regional area.

Dependent on your individual needs you will receive 1 to 2 home visits. From then your care will be followed-up by your GP and Maternal and Child Health nurses.

The Domiciliary Midwife works with, and arranges referral to, other health professionals to support your care as required.

## For more information

## **Midwifery Group Practice**

Phone: 03 5722 5239

### **Maternity Ward**

Phone: 03 5722 5225

03 5722 5301



# Midwifery Service Models



PO Box 386, Wangaratta Vic 3676 Green Street, Wangaratta Vic 3677 Telephone: (03) 5722 5111 Facsimile: (03) 5722 5109

Website: www.nhw.org.au Email: enquiries@nhw.org.au



## **About our Midwifery Services**

At Northeast Health we offer midwifery services for both normal and complicated pregnancies and births. Care is provided by our Midwifery Group Practice and Antenatal Clinic.

Throughout pregnancy, birth and the postnatal period we are able to provide referrals to other health professionals as required.

Our Maternity Ward includes 4 birth rooms, 6 ward beds and a Special Care Nursery.

### Services we refer to include:

- Diabetes Education
- Dietetics
- Physiotherapy
- Continence Clinic
- Social Work
- Lactation Clinic
- Maternal Child Health Service
- · Enhanced Home Visiting
- Perinatal Emotional Health Program
- Early Parenting & Debriefing
- GPs

### **Shared Care**

Shared Care is antenatal care provided by your GP and Northeast Health's Antenatal Clinic.

Our team at Northeast Health includes obstetricians, hospital doctors and midwives, working in partnership with the your GP to provide pregnancy, birth and postnatal care.

In Shared Care your GP will provide most of your antenatal care.

Usually you will visit our Antenatal Clinic at 12-14, 20, 28, 36, 40 and 41 weeks. At least one of these appointments will be with a midwife.

Through Antenatal Clinic you will have the opportunity to be referred to other health professionals to support your care as required.

Your initial postnatal care will be provided within the Maternity Ward where you will stay between 1 and 3 days, depending on the needs of you and your baby. Earlier discharge after 4 hours can be facilitated if you and your baby are well.

At Northeast Health, Paediatricians are available at all times if needed to provide care to your newborn baby.

The Domiciliary Midwife will visit you at home for ongoing care and education.

Your 6 week postnatal wellness check will be with your GP.

## **Midwifery Group Practice**

Midwifery Group Practice (MGP) care is available if you are planning to have a baby at Northeast Health and have an uncomplicated medical history and pregnancy.

MGP provides you the opportunity to have a known midwife care for you throughout your pregnancy, birth and postnatal period. Care is provided by our small team of 6 midwives with one midwife allocated to be your primary caregiver.

MGP is designed to offer individualised care where our midwives work in partnership with you and your family to facilitate a safe, satisfying and supported transition to parenthood. You will have the opportunity to be referred to other health professionals to support your care as required.

You will be discharged home the day after your birth unless there is a medical need for you or your baby to stay longer. Earlier discharge is able to be facilitated if you and your baby are well.

MGP midwives provide ongoing postnatal care in your home until the Maternal and Child Health service commences. We also offer a 6 week postnatal wellness check.

If you are interested in MGP please talk to your GP and indicate your preference for referral.