### **POST NATAL CARE**

During your stay, the Maternity Ward midwives will care for you until discharge while the MGP midwife will visit daily. If all goes normally there is the option of discharge 4 hours after birth, otherwise you will be discharged the following day.

When you go home, the MGP midwife will visit you in your home until day 5-7. Thereafter the Maternal and Child Health Nurse will take over your care.

A six-week postnatal wellness check will be offered with your midwife.

## Contact

## **Midwifery Group Practice**

Phone: (03) 5722 5256

If you have urgent concerns after hours, please phone your midwife on the provided mobile phone number.

# **Maternity Ward**

Phone: (03) 5722 5225





PO Box 386, Wangaratta VIC 3676 Green Street, Wangaratta Vic 3677 Telephone: (03) 5722 5111

Facsimile: (03) 5722 5111
Facsimile: (03) 5722 5109
Website: www.nhw.org.au
Email: enquiries@nhw.org.au

We are very pleased to offer you our service. Over the course of your pregnancy we will be working in partnership with you to ensure that you are informed of all your choices regarding the pregnancy, birth and postnatal phase.

# **About us**

MGP is run by a group of midwives as a caseload model of care. Each midwife has extensive education and clinical expertise.

We each work part time, together forming a seven day, twenty-four hour on call service for all our clients.

Once you have joined MGP you have access to this on call service throughout your pregnancy.



# Care we provide

#### **ANTENATAL CARE**

Upon your first visit, you will be allocated a primary midwife who will undertake the majority of your care. You will also meet other midwives from MGP at visits throughout your pregnancy.

We work in partnership with the hospital midwives and obstetric team.

Appointments will be at Northeast Health Wangaratta's Mother & Baby Resource Centre located at 34 Cusack Street, Wangaratta. Otherwise, we can offer home visits if you prefer.

#### **EDUCATION**

As a part of our educational service we provide a detailed pack of information, library access and childbirth education classes.

### LABOUR AND BIRTH

Caring for you during the birth process is extremely important to us. We spend a great deal of time planning and discussing this with you and your partner.

If you feel labour has begun, you should contact your midwife on the mobile phone number that you will be provided with.

It is impossible to guarantee that the on call midwife will be your primary midwife due to the unpredictably of birth and the need to maintain a 24 hour on call system. However, it is likely that you have previously met the midwife that will be caring for you. At times the Maternity Ward midwives may assist with some or all of your care.

The midwives consult and refer to the Obstetrician on call if you encounter complications with your birth, but your care will remain with MGP until after the birth.