

## Northeast Health Wangaratta Intern Tutorials (DRAFT)

### OTC & Primary Care 2027

Be sure to inform your supervising pharmacist that you are attending the tutorial

OTC tutorials are usually scheduled for 10am on Wednesdays, some days are swapped to ensure attendance from all 3 interns

OTC & Primary Care Tutorials are prepared by and delivered by and intern, with a pharmacist facilitator (preceptor or delegate)

**Each week the tutorial presentation should include a summary of:**

The condition/s, how it presents (signs/symptoms)

Differential diagnoses, what else it could be, or other conditions with similar symptoms

Warning symptoms/signs (red flags) and when to refer, special population considerations (eg in pregnancy/lactation, in children, in elderly, in patients with "x" medical condition)

Recommendation of suitable range of OTC products or treatments suitable for the condition

Description of relevant products/treatments, how they are used, counselling/warnings

Non-pharmacological and lifestyle modifications

To wrap up your presentation, spend the last 5 minutes guiding your colleagues through a scenario, ie a person enters your pharmacy and asks for a product or advice...

How would you make sure what they want is safe & appropriate and what alternative approach would you recommend if you think it's inappropriate?

Aim for your presentation to be around 30 minutes, plus 10-15 minutes for discussion & questions. (IFP Domain 5)

Save a copy of each powerpoint presentation in S:Pharmacy/Pharmacy Staff Shared Files/AA Intern 2027/Tutorials/OTC & Primary Care to build the 2027 library for revision

DATE	TOPIC	PRESENTER
Wednesday, 20 January 2027	Introduction to OTC & primary care intern education	Preceptor
Wednesday, 27 January 2027	Seasonal/allergic rhinitis & conjunctivitis (hay fever)   Scenario: a request for something to help with hayfever	
Wednesday, 3 February 2027	United airways disease (asthma+hay fever), asthma first aid   Scenario: a request for Ventolin + antihistamines	
Wednesday, 10 February 2027	Cough/sinusitis   Scenario: a request for decongestant + cough suppressant	
Wednesday, 17 February 2027	<b>NO TUTORIAL- ITP SEMINAR</b>	
Wednesday, 24 February 2027	Cold & flu, RAT tests/isolation requirements   Scenario: a request for antipyretic + lozenges	
Wednesday, 3 March 2027	Headache/migraine, muscle/joint pain, period pain   Scenario: a request for OTC triptan	
Wednesday, 10 March 2027	Ocular conditions, eye care, contact lens care   Scenario: a request for Chlorsig	
Wednesday, 17 March 2027	Dermatitis, acne, chicken pox/shingles rash   Scenario: "I need help with my acne"	
Wednesday, 24 March 2027	Fungal skin & nail infections   Scenario: "Can I have a strong steroid cream for my itchy rash?"	
Wednesday, 31 March 2027	Scalp care, dandruff, hair loss, seborrheic dermatitis   Scenario: "Help- I have dandruff"	
Wednesday, 7 April 2027	Headlice, worms and scabies   Scenario: a request for Lyclear	
Wednesday, 14 April 2027	Corns, blisters, calluses, warts, wound care products & foot care   Scenario: "I need a dressing for a leg ulcer"	
Wednesday, 21 April 2027	Ear aches, ear wax, hearing aid care   Scenario: Ear wax buildup in a pre-school-aged child (affecting hearing/speech)	
Wednesday, 28 April 2027	Oral health - thrush, halitosis, ulcers, cold sores, dentures   Scenario: "Can I have something for a mouth ulcer"	
Wednesday, 5 May 2027	Constipation, diarrhoea, haemorrhoids   Scenario: "Help- my child has constipation"	
Wednesday, 12 May 2027	Reflux & indigestion, nausea & vomiting, motion sickness   Scenario: request for a PPI	
Wednesday, 19 May 2027	Urinary symptoms, incontinence   Scenario: a request for Ural	
Wednesday, 26 May 2027	Infant health- colic, teething, cradle cap, nappy rash   Scenario: a request for help with nappy rash	
Wednesday, 2 June 2027	<b>NO TUTORIAL- ITP SEMINAR</b>	
Wednesday, 9 June 2027	Smoking cessation & NRT, take-home naloxone   Scenario: a request for nicotine inhalator	
Wednesday, 16 June 2027	Diabetes management equipment, approaches to BGL/Ketone monitoring   Scenario: "my glucose tester broke"	
Wednesday, 23 June 2027	Weight management products and strategies   Scenario: "I want to lose weight"	
Wednesday, 30 June 2027	Vaccines - NIP, Vic Gov funded vaccine schedule, NIPVIP   Scenario: administering a vaccine in the pharmacy	
Wednesday, 7 July 2027	Travel health (including heat/sun/alpine considerations), insect/snake/spider/mosquito bites   Scenario: "What should I take with me to...?"	
Wednesday, 14 July 2027	Sexual health, female & male genital infections, STI prevention/detection   Scenario: a request for oral fluconazole	
Wednesday, 21 July 2027	<b>NO TUTORIAL- ITP SEMINAR</b>	
Wednesday, 28 July 2027	Emergency contraception, contraception (pharmacist prescribing, OTC options)   Scenario: a request for ECP	
Wednesday, 4 August 2027	Pre/post-natal care-pregnancy/ovulation testing, supplements, nausea, vaccines, lifestyle advice, infant formula   Scenario: planning to conceive	
Wednesday, 11 August 2027	Sleep health - insomnia, sleep apnoea   Scenario: patient requests advice on CPAP	
Wednesday, 18 August 2027	Sports health, first aid for injuries, ambulatory aids/braces/splints, ASADA/WADA   Scenario: "I've rolled my ankle"	
Wednesday, 25 August 2027	Primary Care and OTC Products - Workshop/Demo/Revision - in person demonstration using physical products	Education Pharm
Wednesday, 1 September 2027	Primary Care and OTC Products - Workshop/Demo/Revision - in person demonstration using physical products	Education Pharm
Wednesday, 8 September 2027	Primary Care and OTC Products - Workshop/Demo/Revision - in person demonstration using physical products	Education Pharm
Wednesday, 15 September 2027	Primary Care and OTC Products - Workshop/Demo/Revision - in person demonstration using physical products	Education Pharm
Wednesday, 22 September 2027	<b>NO TUTORIAL- ITP SEMINAR</b>	